

Colleen Matthys, RD – Biography for AZDA

Colleen Matthys, RD, is the Chair of the Phase 2 Future Practice and Education Task Force of the American Dietetic Association. This Task Force is charged with describing future practice roles for DTRs and RDs, including specialists and advanced practitioners, the knowledge and skills that will be needed, and the education and training necessary to fulfill these roles in 2017.

Colleen was the Nutrition Research Manager for the Clinical Research Center at the University of Washington for many years. She left that position in 2006 to pursue other interests.

Colleen has served as Washington State Dietetic Association president and delegate. She has also held numerous ADA positions, including Board of Directors, Speaker of the House of Delegates, Chair of the Commission on Dietetic Registration, Chair of the Leadership Development Task Force, and Chair, Nominating Committee. Colleen is a recipient of the ADA Medallion Award and the WSDA Outstanding Dietitian Award. She is especially interested in the leadership development of dietetics practitioners.